



## **CHILD SICKNESS POLICY AND PROCEDURE**

We promote the good health of all children attending including oral health by:

1. Asking parents to keep children at home if they are unwell. If a child is unwell, it is in their best interest to be in a home environment rather than at nursery with their peers.
2. Asking staff and other visitors not to attend the setting if they are unwell.
3. Helping children to keep healthy by providing balanced and nutritious snacks/Lunch. We are nuts free nursery to promote safety to all children.
4. Minimising infection through our rigorous cleaning and hand washing processes.
5. Ensuring children have regular access to the outdoors and having good ventilation inside.
6. We inform all parents if there is a contagious infection identified in the nursery, to enable them to spot the early signs of this illness. We thoroughly clean and sterilise all equipment and resources that may have encountered a contagious child to reduce the spread of infection.
7. Providing parents with information on Oral health and the local dentists.

### **IF A CHILD BECOMES UNWELL**

If a child appears unwell during the day they/staff will inform a member of the management team.

- The management team will check the child and confirm if they need to go home, or they can be monitored at the nursery to see if they get any better.
- Regardless of whether a child needs to go home or not, parents will be contacted to be informed if their child isn't feeling 100%
- If your child is sent home from nursery and you feel they are well enough to return to nursery following the exclusion period, then parents are required to call and speak with a member of management on their intended return date. During this call, the member of management will assess if it is safe for the child to return including if these pose a risk to children or staff on their return.

Vomiting and Diarrhoea:

- Staff and children will be required to be symptoms free for 48hours.
- A child's temperature is taken using a Digital thermometer. If a child temperature is 37.5 and higher, you will be asked to collect your child from the setting. Fresh drinking water will be continuously offered to the feverish child as this helps to prevent dehydration. Staff will try to naturally cool the child by removing their additional clothing such as shoes, socks, vests etc
- If their temperatures increase parents will be contacted for permission to give Calpol and ask that they collect their child.
- If a child's temperature reaches 40C, a member of the management team will administer Calpol immediately to prevent febrile convulsions, and a member of the management team will contact an ambulance.

### **Administering Calpol Nursery**

Calpol will only be administered for a high temperature with parental permission ONLY in cases of an emergency. Only the recommended dose will be given depending on the age of the child Calpol does not treat the cause of the fever it merely eases a child's discomfort; therefore, this should only be used if the child is showing signs of discomfort and distress. Children must remain off nursery for 24 hours following a high temperature. They are only permitted to return to the nursery if they no longer require fever-reducing medication such as Calpol.

Castle Day Nursery will notify Ofsted of any serious accident, illness or injury to, or death of, any child whilst in their care, and of the action taken in respect of it.

Notification must be made as soon as is reasonably practicable, but in any event within 14 days of the incident.

Castle Day Nursery will notify the local child protection agencies of any serious accident or injury to, or the death of, any child whilst in their care and act on any advice given.

At least one person who has a current paediatric first aid certificate must be always on the premises when children are present, however, Castle Day Nursery promotes all staff to have a valid paediatric first aid certificate.